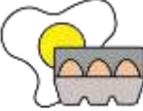
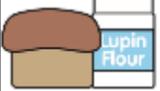


**Munchy, Crunchy Menu**

**Allergens Advice**

Week: 3

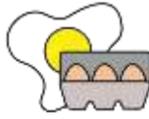
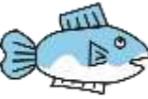
Day: MONDAY

	Molluscs	Celery	Cereals containing gluten	Mustard	Crustaceans	Nuts	Eggs	Peanuts	Fish	Sesame seeds	Lupin	Soya	Milk	Sulphur dioxide
									 Fish	 Sesame seeds	 Lupin	 Soya	 Milk	 Sulphur dioxide
Lunch (Cottage Pie)		x												
Lunch (Quorn & Veg Cottage Pie)		x	x											
Lunch (Ham Baguette)			x											
Lunch (Cheese Baguette)			x										x	
Lunch (Jacket Potato Tuna/Cheese)				x					x				x	
Carbohydrate (Mash Potato)														
Vegetable (Peas)														
Lunch (Cookie)			x				x						x	

**Munchy, Crunchy Menu**

**Allergens Advice**

Week: Day: TUESDAY

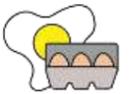
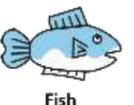
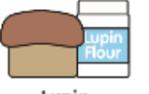
	Molluscs	Celery	Cereals containing gluten	Mustard	Crustaceans	Nuts	Eggs	Peanuts	Fish	Sesame seeds	Lupin	Soya	Milk	Sulphur dioxide
									 Fish	 Sesame seeds	 Lupin	 Soya	 Milk	 Sulphur dioxide
Lunch (Meatballs in Tomato)		x												
Lunch (Spagetti In Tomato Sauce)		x	x											
Lunch (Ham Baguette)			x											
Lunch (Cheese Baguette)			x										x	
Lunch (Jacket Potatoe) Tuna Mayo/Cheese				x					x				x	
Carbohydrate (Spagetti)			x											
Vegetable (Sweetcorn)														
Lunch (Chocolate Cake )			x				x						x	

**Munchy, Crunchy Menu**

**Allergens Advice**

Week:

Day: WEDNESDAY

	Molluscs	Celery	Cereals containing gluten	Mustard	Crustaceans	Nuts	Eggs	Peanuts	Fish	Sesame seeds	Lupin	Soya	Milk	Sulphur dioxide
									 Fish	 Sesame seeds	 Lupin	 Soya	 Milk	 Sulphur dioxide
Lunch (Roast Gammon with Yorkshire Pudding)			x				x						x	
Lunch (Cheese Quiche)			x				x						x	
Lunch (Ham Baguette)			x											
Lunch (Cheese Baguette)			x										x	
Lunch (Jacket Potato) Tuna Mayo/ Cheese				x					x				x	
Carbohydrate (Roast Pots/Mash)														
Vegetable (Brocoli, Carrots & Cabbage)														
Lunch (Treacle Sponge & Custard))			x				x						x	



